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Volume 1

Quarterly Newsletter



## Natural Beauty News

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**Winners are Grinners**  
**Check out our regular competitions and giveaways for your chance to win**

## Read it and reap!

Welcome to the first quarterly Newsletter, Natural Beauty news. We hope you will find the newsletter full of handy hints, insider beauty scoops and secrets and we know you will enjoy taking advantage of our exclusive offers and competitions.

As the colder weather begins to creep in, we start turning up the dial on the thermostat, swap a crisp pinot for a robust red, indulge in hearty home cooking, our skin no doubt exhibits the usual signs of winter conditioning such as dehydration.

Tis the season to moisturise, moisturise, moisturise! We take a look at some of our key ingredients and what benefits they deliver to your skin to help combat the winter blues.



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